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The Journals Of May Sarton Volume One: Journal Of A Solitude, Plant Dreaming Deep, And Recovering



Synopsis

Now in one volume: Three exquisite meditations on nature, healing, and the pleasures of the solitary life from a New York Times “bestselling author. In a long life spent recording her personal observations, poet, novelist, and memoirist May Sarton redefined the journal as a literary form. This extraordinary volume collects three of her most beloved works. *Journal of a Solitude*: Sarton’s bestselling memoir chronicles a solitary year spent at the house she bought and renovated in the quiet village of Nelson, New Hampshire. Her revealing insights are a moving and profound reflection on creativity, oneness with nature, and the courage it takes to be alone. *Plant Dreaming Deep*: Sarton’s intensely personal account of how she transformed a dilapidated eighteenth-century farmhouse into a home is a loving, beautifully crafted memoir illuminated by themes of friendship, love, nature, and the struggles of the creative life. *Recovering*: In this affecting diary of one year’s hardships and healing, Sarton focuses on her sixty-sixth year, which was marked by the turmoil of a mastectomy, the end of a treasured relationship, and the loneliness that visits a life of chosen solitude. By turns uplifting, cathartic, and revelatory, Sarton’s journals still strike a chord in the hearts of contemporary readers. Through them, in the words of the Los Angeles Times, “we are able to see our own experiences reflected in hers and we are enriched.”

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